

Hello St Marks members and friends,

Our Congregation seeks ways we can be A Caring Community that is In Mission for Others. One way we can do this, is to support **Food 4 Kids of Waterloo Region**.

St. Mark's Church is participating in the annual Ride for Refuge, a national fundraising effort to raise funds for local charities that support individuals and families in need in our community. We have designated **Food 4 Kids of Waterloo Region** to receive the funds we raise. Their mission is critically important, now more than ever; *"To provide packages of healthy food for children ages 1 – 14 from severely food insecure homes, during weekend periods, and daily during winter, spring and summer breaks from school."* We know that good nutrition is essential to success at school. We also recognize that food insecurity is even worse during the COVID pandemic with many parents experiencing unemployment or reduced work hours and reduced funds to support their families.

For more information about **Food 4 Kids** please go to - <https://www.food4kidswr.ca/>.

Please consider making a donation to support the caring and compassionate work of **Food 4 Kids**. The link below is really easy to use and you will receive a tax receipt for any donation over \$20. And, your donation will be matched. One of St. Mark's donors will match all donations up to \$1,000!!!

Please open this link to donate on our Ride for Refuge Team page -

<https://secure.e2rm.com/registant/TeamFundraisingPage.aspx?teamID=926904&langPref=en-CA>

St. Mark's members can also donate through their regular envelope giving, writing on the envelope, **'Food 4 Kids'**.

St. Mark's Team will be walking from the church to a number of homes of St. Mark's members who are somewhat isolated due to health concerns, age or a higher risk of contracting COVID-19. We will wave and 'make a joyful noise' as we pass, to let these members of our church family know they are in our hearts and prayers! We plan to meet at the church on Saturday October 3, 2020 at 9:45 am and finish by 12 noon. All members and friends of St. Mark's are welcome to join the walk and our fundraising team.

Feel free to email: [stmarks-wellchurch@bellnet.ca](mailto:stmarks-wellchurch@bellnet.ca) if you have any questions.

Thank you in advance for your generosity,

Team St. Mark's

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